

Yudan Nashi Kan Aikido Club
would like to invite you
to a weekend Aikido Course with

Terry Ezra Sensei 7th Dan

At **The Grip House**

Top Floor, 10 Possil Road, G4 9SY
Map: <http://tinyurl.com/ynkmarch2010>

On **Saturday 13th** &
Sunday 14th March 2010



Practice times are:

Saturday 1300 – 1600
(Registration from 1230)
& **Sunday 1030-1330**

Mat fees:	Whole w/end	One day
Waged*	£25	£15
Unwaged*	£20	£11
Juniors	N/A	£3 (Sat)

*If this is your first course with us, the cost is reduced
to £10 for the whole weekend